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Cultural and Neurobiological Basic of the Women's Fear

``Fear is an unpleasant and often strong emotion caused by anticipation or awareness of danger. Fear is completely natural and helps people to recognize and respond to dangerous situations and threats. However, healthy fear -- or fear which has a protective function -- can evolve into unhealthy or pathological fear, which can lead to exaggerated and violent behavior``(Barker).``The amygdala is a key brain structure in the neurobiology of fear. It is involved in the processing of negative emotions (such as fear and anger). Researchers have observed hyperactivity in the amygdala when patients who were shown threatening faces or confronted with frightening situations``(Wikipedia).

Human's behaviour which has a biological basis number is increasing. The anger and violence of women exhibit to explain the hormonal imbalance and some of the negative behavior occur because of the tension of premenstrual period (Furedi, 2001:220) how affect do women fear their culture and biology. In this study we want to determine women's fear with questionnaire who lives urban and rural region in Turkey. Then we want to match their answers as medical and cultural and to determine the differences and similarities.