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## Time Bank: A Social Economy for Post-Corporate Futures

Time bank is a social economy where people exchange services without the use of money or currency. Time bank limits various forms of alienation common in the capitalist market. The service provider and the service recipient are in face-to-face contact, exchange is not for profit, and the value of one hour is the same for all participants. Using the recent attempt to create a Time Bank in Montreal, this paper examines the emerging culture and practice that challenges the exploitative nature of the contemporary capitalist system. In particular, the paper suggests that Time Bank and other social economy practices show possible futures that overcome the problems of finance-dominated capitalism by showing how to overcome the culture of capitalism that is democracy deficient, egotistical, materialist, and ecologically offensive.